

LAURA O'CONNOR

TV Runner

- laurasiobhan195@gmail.com
- 07940 790 477

LINKS

- lauraconnor.net
- [instagram.com/lauraconnorfreelancer](https://www.instagram.com/lauraconnorfreelancer)
- [linkedin.com/in/laura-s-oconnor](https://www.linkedin.com/in/laura-s-oconnor)

EDUCATION & TRAINING

Grierson Trust DocLab Alumni

- Secured place on selective training and mentoring scheme.
- Includes:** shoot/edit training, development of factual ideas and pitching, industry placement, networking events and the Grierson Awards 2019.

Research & Development - Online Course

- Skills: Online research and assessing source credibility.

University of Leeds (2015 – 2018)

- 2:1 BA (Hons): Film, Photography and Media.

John Willmott Secondary School and Sixth Form (2007 – 2014)

- A-Levels: Photography (A), English Language (B), Biology (B)
- 11 GCSES: English Language, Photography (A*), Mathematics, English Literature, Design & Technology: Product Design, Biology, I.T (A)

PERSONAL STATEMENT

An enthusiastic entrant into the factual TV industry, with an aptitude for research and analytical thinking. When approaching subject matter, I consider the unobvious – in order to find the poetic potential in the everyday. I firmly believe my skills and passions are best fulfilled through factual, the creation of something new out of what already is. I pride myself on being an organised worker, with a creative and insightful mind.

WORK EXPERIENCE

Runner/Logger, Full Fat TV, C4's *Coronavirus: How Clean Is Your House?* (Mar – Apr 2020)

- Researched and ordered props, organised transport, logged rushes, social media promotion, remotely assisted producer with financial paper work.

Office Production Runner, Full Fat TV (Mar – May 2020)

- Two months' experience (in office and remote) overseeing & coordinating office commands.
- Duties: Managing diaries and meetings, entire office functions and supplies upkeep, completing financial documents, website and press maintenance, setting up new starters, delegating equipment, liaising with IT support to problem solve.

Location Runner, Full Fat TV, *Plastics ER Taster* (Dec 2019)

- Organising travel, managing float, release forms and running rushes to the edit.

Runner/Logger, Dragonfly Film and TV, BBC ONE's *Life and Birth* (Aug – Sept 2019)

- Logging live streams, whilst juggling office runner duties.
- Gathered and organised various contributor intel.
- Worked closely with the team, being the point of call for any tasks and stepping in on researcher duties when needed.

Finance Assistant & Administrator, Midland Eye Clinic (May 2019 – Feb 2020)

- Assisted finance department with cash reconciliation, invoicing and credit control.
- Duties: logging sensitive data, scheduling appointments, responding to patient queries.

Customer Assistant, Vue Cinemas (Nov 2018– May 2019)

- Between customer sales and floor duties, I demonstrated strong negotiation, resilience, time-keeping and people skills.

Bar/Floor Staff, Mission Club (Dec 2017 – Mar 2018)

Editor, David Wadley Wedding Photography (Oct 2013 – Aug 2015)

P A S S I O N S

- **'A DOC A DAY'** – My Instagram story where I post films, TV, photos, books. It often provokes discussions and sharing recommendations with fellow documentary lovers.
- **Regeneration & Housing** – Coming from the industrial and diverse Birmingham, I have special interest for research and stories around social housing and communities.
- **Film Photography** – From snapshots to shoots, I love experimenting with analogue.
- **Videography** – As a student TV member, I worked in teams to create NaSTA award winning shorts.

R E F E R E N C E S

- References available upon request.

U N I V E R S I T Y & P E R S O N A L P R O J E C T S

The OCD Zine – present. Artistic self-publication around mental health.

- Found and collected contributors input and interviews by utilising social media.

Hometown Sounds – 2019. Short films celebrating the diverse music scenes in Birmingham. Researcher and Videographer.

- Duties: Researching and liaising with contributor's, establishing relationships, scheduling shoots, organising travel and equipment, videography.

Narratives of Stone – 2018. Dissertation photobook depicting relationships between Britain's social spaces, issues, media narratives and their effects on Britain's youth.

- Conceptualised a poetic, constructed documentary theme. Casted subjects and co-ordinated all shoots. Achieved 1st grade.

FRAMES – 2017. Documentary photography and interview. A wider response to the narrower view the media depicts of UK welfare claimers.

Expired – 2017. LSTV. Short Comedy. Camera operator and production assistant.

- **NaSTA Winner:** Best Comedy and Highly Commended Cinematography.

Paralympics inspired short – 2017. For Channel 4 PopUp T.V. Production Workshop.

S O F T S K I L L S

- Resilient and calm-minded in challenging situations.
- Passionate about people – approach all areas of life valuing fairness.
- Eye for detail – observational and responsive.
- Evaluative listener – great memory for people and conversations.
- Excellent communication e.g. when liaising for projects.

H A R D S K I L L S

- Strong organisation e.g. administrator experience.
- Great researcher – conduct and analyse research for own projects.
- Accurate logger.
- Technology literate – digital/film cameras, Microsoft 365, Excel, Adobe Photoshop, Lightroom, Premier Pro.
- First Aid trained.
- Fast type hand (60 wpm).